

Anesthesia & Analgesia

Workshop in Laboratory Animal Medicine Raleigh, NC May 13, 2010

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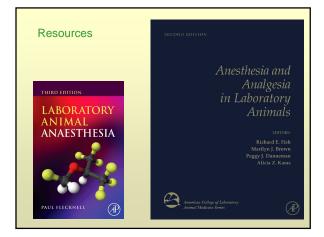
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Acknowledgements!

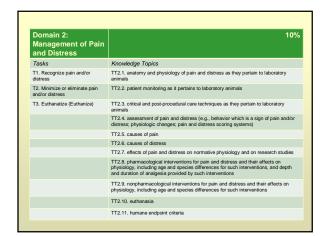
- Thanks to the following sources for the images used in this presentation:
 - Diane Forsythe and Mary Grant National Institute for Environmental Health Sciences
 - -US Army
 - Sue Spray and Tim Barker Scripps Institute
- Paul Flecknell
- Bob Meyer



Plan

- Approach
 - Continuing education
 - Selected review + literature
 - · Emphasis on injectables
- Format
 - Questions → audience participation





 artificially induced sleep or trance
loss of sensation to body part or whole body
 central depression with drowsiness, reduced
awareness
loss of sensitivity to pain

Anesthesia
 artificially induced sleep or trance

 Analgesia
 loss of sensation to body part or whole body

 Sedation
 central depression with drowsiness, reduced awareness
 loss of sensitivity to pain

Terminology, con't.	
Anesthesia	 artificially induced sleep or trance
 Analgesia 	loss of sensation to body part or whole body
• Sedation	central depression with drowsiness, reduced
Hypnosis	awareness loss of sensitivity to pain

Terminology, con't.	
Anesthesia	artificially induced sleep or trance
Analgesia	loss of sensation to body part or whole body
 Sedation 	central depression with
• Hypnosis	drowsiness, reduced awareness
	loss of sensitivity to pain

Terminology, con't.

- Pain: an unpleasant sensory or emotional experience associated with actual or potential tissue damage
- Nociception: peripheral and central nervous system processing of information about the internal or external environment related to tissue damage

(Committee on Pain and Distress in Laboratory Animals, 1992; Flecknell and Waterman-Pearson, 2000)

Terminology, con't.

- General Anesthesia = loss of consciousness in addition to loss of sensation
 - Hypnosis
 - Hyporeflexia
 - Analgesia
 - Muscle relaxation

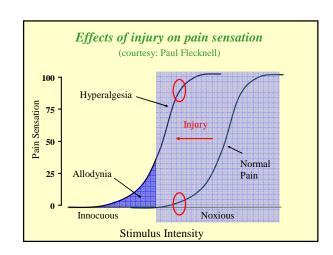
Terminology, con't.

 Surgical Anesthesia = loss of consciousness and sensation, along with sufficient muscle relaxation and analgesia for painless surgery According to Antognini et al. (Compar Med 2005), which of the following is NOT a feature of general anesthesia?

- A. Amnesia
- B. Unconsciousness
- C. Immobility
- D. Analgesia

According to Antognini et al. (Comp Med 2005), which of the following is not a feature of general anesthesia?

- A. Amnesia
- B. Unconsciousness
- C. Immobility
- D. Analgesia



Which of the following are physiological features of general anesthesia?

- A. Respiratory depression
- B. Cardiovascular depression
- C. Decreased renal function
- D. Impaired thermoregulation
- E. Hormonal alterations
- F. All of the above



Which of the following are physiological features of general anesthesia?

- A. Respiratory depression
- B. Cardiovascular depression
- C. Decreased renal function
- D. Impaired thermoregulation
- E. Hormonal alterationsF. All of the above

Literature Cautions

TRUE/FALSE: If it's in the literature, it must be true.



Literature Cautions

TRUE/FALSE: If it's in the literature, it must be true.

Literature Cautions

- Definitions
 - "anesthesia"
 - anesthetic depth
 - antinociceptive potency
- · Controls/ baselines
- Cardiorespiratory state, body temperature
- · Drug effect vs. general anesthesia
- Is one article enough?

Literature Cautions, con't.

- Animal subject variables
 - genotype
 - age
 - sex
 - body composition
 - nutritional/disease state
- Individual variation
- Dosage



Why Injectables?

TRUE/FALSE: Injectable anesthetics are used primarily because they provide general anesthesia of superior quality.



Why Injectables?

FALSE: Injectable anesthetics are used primarily because they provide general anesthesia of superior quality.

but...

Why Injectables?

- Default: habit, familiarity
- · Decreased equipment
- · Difficulty of intubation
- Safety
- Preserve physiological reflexes/cardiorespiratory function



Why Injectables?

- · Specific antagonists
- Balanced anesthesia: = ??
 - combination of drugs, each → specific pharmacological effect
 - · Tranquilization
 - · Hypnosis
 - Analgesia
 - · Muscle relaxation
 - · Amnesia?
 - N2O + opioid + NMB, +/- sub-MAC inhalant and midazolam
- TIVA
 - e.g., propofol/remifentanil

Injectable "Anesthetics" (classification)

- Barbiturates
- · (Other) Hypnotics
- Steroids
- Cyclohexamines
- · Alpha-2 agonists
- · Local anesthetics
- Anesthetic combinations:
 - above +/-
 - Opioids
 - Sedatives and tranquilizers

Injectable "Anesthetics"

 Alternative classification based on mechanism of action

TRUE/FALSE: Most injectable anesthetics act at the neuronal cell membranes to alter Na+ permeability.

Injectable "Anesthetics"

 Alternative classification based on mechanism of action

anesthetics act at the neuronal cell membranes to alter Na+ permeability.

Injectable "Anesthetics"

- · GABA agonists
- NMDA antagonists
- Alpha₂ agonists
- Miscellaneous
- · Local anesthetics
- · Neuroleptic/antipsychotic agents
- · Injectable combinations

Which of the following is NOT a GABA agonist?

- A. Ketamine
- B. Metomidate
- C. Propofol
- D. Ethylmethyl thiourea (Inactin)
- E. Diazepam

Which of the following is NOT a GABA agonist?

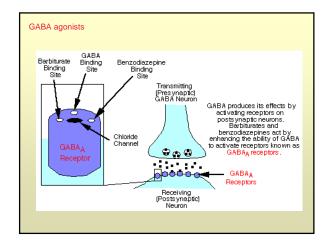
- A. Ketamine
- B. Metomidate
- C. Propofol
- D. Ethylmethyl thiourea (Inactin)
- E. Diazepam

GABA Agonists

(dose-dependent CNS depressants)

- Barbiturates
- Chloral hydrate
- · Alpha chloralose
- Tribromoethanol (Avertin)
- Propofol
- · Metomidate and etomidate
- · Steroids
- [benzodiazepines]





Hypnotics - Why Use Them?

- · Dose-dependent CNS depressants
 - i.e., sleep
- Convenience
 - single injection (+/-)
 - rapidly metabolized OR "long term stable anesthesia"
- Minimal cardiorespiratory depression

TRUE/ FALSE: Hypnotics in general are poor analgesics.



TRUE Hypnotics in general are poor analgesics.

Which of the following has been associated with pathologic changes following IP administration?

- A. Cloral hydrate
- B. Chloralose
- C. Urethane
- D. Tribromoethanol
- E. All of the above

Which of the following has been associated with pathologic changes following IP administration?

- A. Cloral hydrate
- B. Chloralose
- C. Urethane
- D. Tribromoethanol
- E. All of the above

Tribromoethanol

TRUE/ FALSE: TBE is a well-characterized, safe and effective injectable anesthetic used primarily in mice.

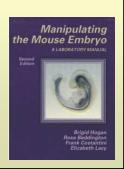
- ee:
 RE Meyer and RE Fish. (2005). A review of tribromoethanol
 anesthesia for production of genetically engineered mice and
 rats. Lab Anim (NY). 34, 47-52.)
 CC Lieggi et al. (2005). Efficacy and safety of stored and newly
 prepared tribromoethanol in ICR Mice. Contemp Topics 44(1):
 17-, 2005.

Tribromoethanol

FALSE: TBE is a well-characterized, safe and effective injectable anesthetic used primarily in

- se: RE Meyer and RE Fish. (2005). A review of tribromoethanol anesthesia for production of genetically engineered mice and rats. Lab Anim (NY). 34, 47-52.)
 CC Lieggi et al. (2005). Efficacy and safety of stored and newly prepared tribromoethanol in ICR Mice. Contemp Topics 44(1): 17-, 2005.

TBE - Why DO We Use It?



Hypnotics

Tribromoethanol

- Description
 - rapid induction, short term surgical anesthesia, rapid recovery
 - → common use in transgenic procedures
 - conflicting reports on efficacy and safety
 - non-pharmaceutical grade powder
 - safe use requires proper preparation and storage
 - pharmacology ??

Hypnotics

Tribromoethanol

- · Reported pharmacologic effects
 - generalized CNS depression
 - cardiorespiratory depression at increased dosage
 - analgesia?
 - postanesthetic complications
 - decomposition products +/or decreased pH
 - · increased dosage
 - · repeated use

TRUE/ FALSE: Chemical grade anesthetics can be used safely for anesthesia if filtersterilized.



MAYBE: Chemical grade anesthetics can be used safely for anesthesia if filter-sterilized.

Examples?

- Chloralose
- Urethane
- Tribromoethanol
- Inactin

Pharmaceutical-Grade Compounds in Research (Policy #3)

- Use pharmaceutical-grade medications whenever they are available, even in acute procedures
- Use non-pharmaceutical- grade chemical compounds only with IACUC approval
 - scientific necessity
 - non-availability of an acceptable pharmaceuticalgrade product.
- Cost savings alone are not an adequate justification for using non-pharmaceuticalgrade compounds in regulated animals.

For which of the following would use of propofol for anesthesia be LEAST appropriate?

- A. Dog
- B. Cat
- C. Pig
- D. Rabbit
- E. Rat

For which of the following would use of propofol for anesthesia be LEAST appropriate?

- A. Dog
- B. Cat
- C. Pig
- D. Rabbit
- E. Rat

Which if the following best describes alphaxalone/ alphadolone?

- A. Barbiturate
- B. Local anesthetic
- C. Hypnotic
- D. NSAID
- E. Neuroleptanalgesic

Which if the following best describes alphaxalone/ alphadolone?

- A. Barbiturate
- B. Local anesthetic
- C. Hypnotic
- D. NSAID
- E. Neuroleptanalgesic
 - aka: anesthetic steroid; "Saffan"
 - Note: new anesthetic steroid: "Alfaxan"

Which of the following is NOT a characteristic of ketamine?

- A. NMDA antagonist
- B. Cyclohexamine
- C. Dissociative anesthetic
- D. Sympathomimetic anesthetic
- E. Monoanesthetic

Which of the following is NOT a characteristic of ketamine?

(along with phencyclidine, tiletamine)

- A. NMDA antagonist
- B. Cyclohexamine
- C. Dissociative anesthetic
- D. Sympathomimetic anesthetic
- E. Monoanesthetic

Cyclohexamines

TRUE/ FALSE: Although an effective agent for chemical restraint, ketamine is considered a poor analgesic.



Cyclohexamines

FALSE: Although an effective agent for chemical restraint, ketamine is considered a poor analgesic.

Which of the following is NOT an alpha2 adrenoreceptor agonist?

- A. Xylazine
- B. Detomidine
- C. Metomidate
- D. Romifidine

Which of the following is NOT an alpha2 adrenoreceptor agonist?

- A. Xylazine
- B. Detomidine
- C. Metomidate
- D. Romifidine

don't confuse with medetomidine

Why Dexmedetomidine?

• No medetomidine, but...

Urethane

TRUE/ FALSE: Urethane refers to a family of polymers ranging from rubbery to brittle; a versatile type of plastic material that can be manufactured into a flexible or rigid sheet, a coating, an ink, or adhesive.



Urethane

TRUE Urethane refers to a family of polymers ranging from rubbery to brittle; a versatile type of plastic material that can be manufactured into a flexible or rigid sheet, a coating, an ink, or adhesive.

- How does urethane (anesthesia) work?
- Why use urethane?

Which of the following is a carcinogen and mutagen?

- A. Chloralose
- B. Tribromoethanol
- C. Urethane
- D. Alphaxalone/alphadolone
- E. Ether

Which of the following is a carcinogen and mutagen?

- A. Chloralose
- B. Tribromoethanol
- C. Urethane
- D. Alphaxalone/alphadolone
- E. Ether

Which of the following does NOT have a specific pharmacologic antagonist?

- A. Midazolam
- B. Fentanyl
- C. Medetomidine
- D. Ketamine

Which of the following does NOT have a specific pharmacologic antagonist?

- A. Midazolam
- B. Fentanyl
- C. Medetomidine
- D. Ketamine

Antagonists

Midazolam: flumazenilFentanyl: naloxone

• Medetomidine: yohimbine, atipamezole

TRUE/FALSE: Atipamezole is an effective antagonist for xylazine.

Antagonists

Midazolam: flumazenilFentanyl: naloxone

• Medetomidine: yohimbine, atipamezole

TRUE FALSE: Atipamezole is an effective antagonist for xylazine.

What's a Neuroleptic?

- agent that → mental calming, decreased response to stimuli, and muscular relaxation.
- aka tranquilizer, ataractic, antipsychotic agent
- c/w sedative/antianxiety agent



Sedatives and Tranquilizers

- Phenothiazines
- Benzodiazepines
- -acepromazine
- -diazepam
- Butyrophenones
- midazolam
- -droperidol
- zolazepam
- -azaperone
- -fluanisone

Phenothiazines and Butyrophenones -- key points

- Dose-dependent spectrum of activity:
 - sedation, drowsiness → ataxia, somnolence → cataleptic
- No analgesia, but...
- Side effects, including hypotension

Benzodiazepines -- key points

- Human use: sedative, hypnotic, anxiolytic, muscle relaxant, anticonvulsant
- Tranquilizing effects in animals speciesvariable
- Elimination T-1/2 in animals much shorter than human
- · No analgesia
- · Minimal cardiorespiratory depression
- · Antagonist: flumazenil

Injectable Combinations

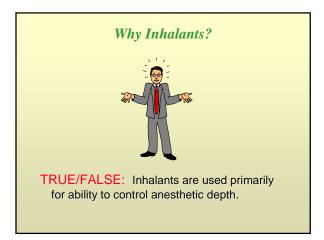
- Neuroleptanalgesia/ Neuroleptanesthesia
 - Innovar (fentanyl/droperidol)
 - Hypnorm (fentanyl/fluanisone)
 - oxymorphone/acepromazine
 - fentanyl/midazolam

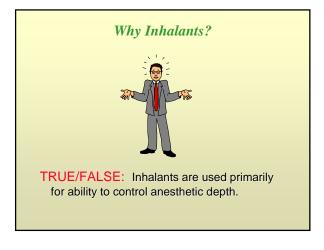
Injectable Combinations

- Ketamine combinations, with:
 - xylazine or medetomidine
 - xylazine + acepromazine
 - midazolam or diazepam
 - etc
- Tiletamine-zolazepam (Telazol)
 - TX, TKX
- · Chloralose/urethane

Injectable Combinations

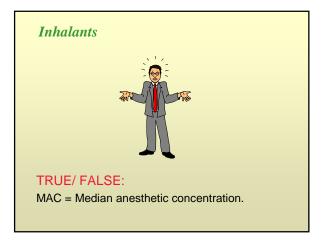
- Tribromoethanol-Medetomidine Combination Provides a Safe and Reversible Anesthetic Effect in Sprague-Dawley Rats.
 - C Gopalan et al. Contemp Topics 44(1):7-, 2005
- Etc.

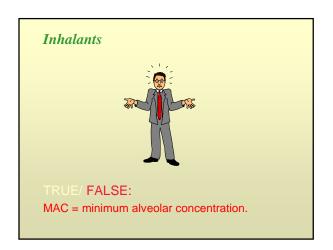




Why Inhalants?

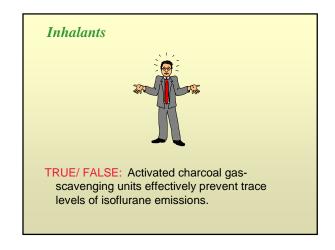
- Rapid control of anesthetic depth
 → safety
- · Rapid induction and recovery
- Defined (and measurable) level of anesthesia for duration of procedure
- Inherently safer than injectables?

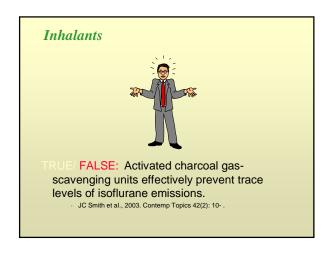




AGENT	VAPOR PRESSURE	MAC	BLOOD:GAS SOLUBILITY	BIOMETABOLISM (%METABOLITES)
Nitrous oxide	39,500	136-235	0.5	0.004
Diethyl ether	450	3.2	15.2	20
Methoxyflurane	23	0.3	15.0	40-50
Halothane	244	0.8-1.2	2.5	15-20
Enflurane	172	2.2	2.0	2.4
Isoflurane	240	1.2-1.5	1.5	0.2
Sevoflurane	160	2.4-2.5	0.7	3.0
Desflurane	664	5.7-7.1	0.4	0.02

(from Meyer et al., 2002; Brunson (IN Kohn et al.), 1997.)





Which of the following is a COX-2 selective drug?

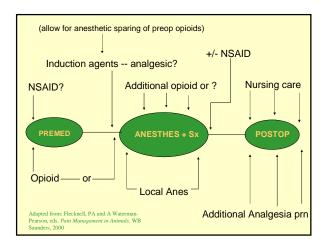
- A. Acetominophen
- B. Flunixin
- C. Carprofen
- D. Meloxicam
- E. None of the above

Which of the following is a COX-2 selective drug?

- A. Acetominophen
- B. Flunixin
- C. Carprofen
- D. Meloxicam
- E. None of the above

What is? celecoxib, rofecoxib

What is multimodal pain therapy?



Multimodal pain therapy

- Pre-emptive analgesia
 - $-\rightarrow$ decr. wind-up
 - e.g., ketamine
 - c/w preop ketoprofen, or meloxicam
 - Human studies still controversial
- Alpha-2 agonists
- · Local/regional anesthetics

Multimodal pain therapy

- Opioids (→ extended duration)
 - transdermal fentanyl
 - oral sustained release morphine
 - time release pellets; osmotic pump
 - liposomal preparations

Nonpharmacologic Interventions for Control of Pain and Distress



Analgesics Developed 1960-2009 and Presently in Use - drugs developed for treatment of pain

- OPIOIDS
 - Pentazocine
 - Fentanyl
 - Butorphanol
 - Nalbuphine
 - Buprenorphine
 - Sufentanil
 - Alfentanil
 - Tramadol
 - Remifentanil

(Kissin, 2010. The development of new analgesics over the past 50 years: A lack of real breakthrough drugs. Anesth Analg 110:780-9.)

Analgesics Developed 1960-2009 and Presently in Use - drugs developed for treatment of pain

- NSAIDS
 - Indomethacon
 - Mefenamic acod
 - Iburpofen
 - Naproxen
 - Tolmetin
 - Sulindac Meclofenamate
 - Piroxicam
 - Diflunisal
 - Ketoprofen

- Diclofenac
- Fenoprofen
- Flurbiprofen
- Nabumetone
- Oxaprozin Ketorolac
- Bromfenac
- Celecoxib
- Meloxicam
- Nepafenac

(Kissin, 2010. The development of new analgesics over the past 50 years: A lack of real breakthrough drugs. Anesth Analg 110:780-9.)

Analgesics Developed 1960-2009 and Presently in Use - drugs developed for treatment of pain

- Eletriptan

Ziconotide

- Pregabalin

OTHER DRUGS

- Sumatriptan
- Pentosan
- Zolmitriptan
- Naratriptan
- Rizatriptan
- Almotriptan
- Frovatriptan

(Kissin, 2010. The development of new analgesics over the past 50 years: A lack of real breakthrough drugs. Anesth Analg 110:780-9.)

Analgesics Developed 1960-2009 and Presently in Use - drugs developed for indications other than pain, but effective...

• ANTICONVULSANTS

- Carbamazepine
- Phenytoin
- Clonazepam
- Valproate
- Gabapentin
- Topiramate

(Kissin, 2010. The development of new analgesics over the past 50 years: A lack of real breakthrough drugs. Anesth Analg 110:780-9.)

Analgesics Developed 1960-2009 and Presently in Use - drugs developed for indications other than pain, but effective...

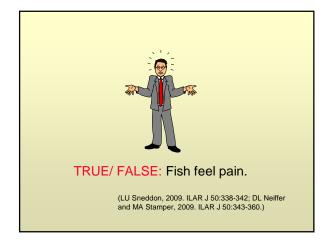
ANTIDEPRESSANTS

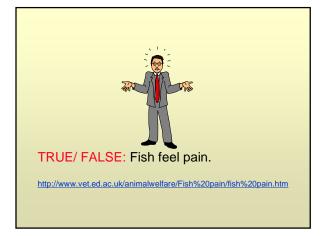
- Amitriptyline
- Doxepin
- Imipramine
- Desipramine
- Venlafaxine Duloxetine
- (Kissin, 2010. The development of new analgesics over the past 50 years: A lack of real breakthrough drugs. Anesth Analg 110:780-9.)

Analgesics Developed 1960-2009 and Presently in Use – drugs developed for indications other than pain, but effective...

- OTHER DRUGS
 - Propanolol
 - Capsaicin (topical)
 - Cyclobenzaprine
 - Lidocaine (systemic, topical)
 - Mexiletine
 - Ketamine
 - Dronabinol
 - Dexamethasone

(Kissin, 2010. The development of new analgesics over the past 50 years: A lack of real breakthrough drugs. Anesth Analg 110:780-9.)





What is the only FDA-approved anesthetic for use in fish intended for food?

- A. Ketamine
- B. Metomidate
- C. Chloral hydrate
- D. Eugenol
- E. Tricaine methanesulfonate

What is the only FDA-approved anesthetic for use in fish intended for food?

- A. Ketamine
- B. Metomidate
- C. Chloral hydrate
- D. Eugenol
- E. Tricaine methanesulfonate (MS-222)

What's new with Fish?

- NOT new = MS-222
 - aka tricaine; metacaine; ethyl *m*-aminobenzoate; used as methanesulfonate salt
 - aka Finquel
 - Only FDA-approved anesthetic for use in fish intended for food; 21-day withdrawal
- · c/w clove oil
 - mixture of eugenol, isoeugenol, and methyleugenol
 Sladky et al., 2001. AJVR 62(3):337-.
- c/w metomidate
 - Aquacalm™ is FDA-indexed for the sedation and anesthesia of ornamental finfish

The bispectral index is used to help assess which of the following?

- A. Pain
- B. Distress
- C. Anesthesia depth
- D. Anxiety
- E. Coordination

The bispectral index [BIS] is used to help assess which of the following?

- A. Pain
- B. Distress
- C. Anesthesia depth
- D. Anxiety
- E. Coordination

Species-Specific Summaries

- Rabbit
- · Guinea Pig
- Rat
- Mouse
- Hamster
- Gerbil
- NHP

Species-Specific Summaries

- Rabbit
 - No Telazol?
 - No propofol?
 - Difficult intubation
 - Hypercapnia?
 - Hypotension?
 - Atropine
 - Subclinical respiratory disease (?)

What is this piece of equipment?

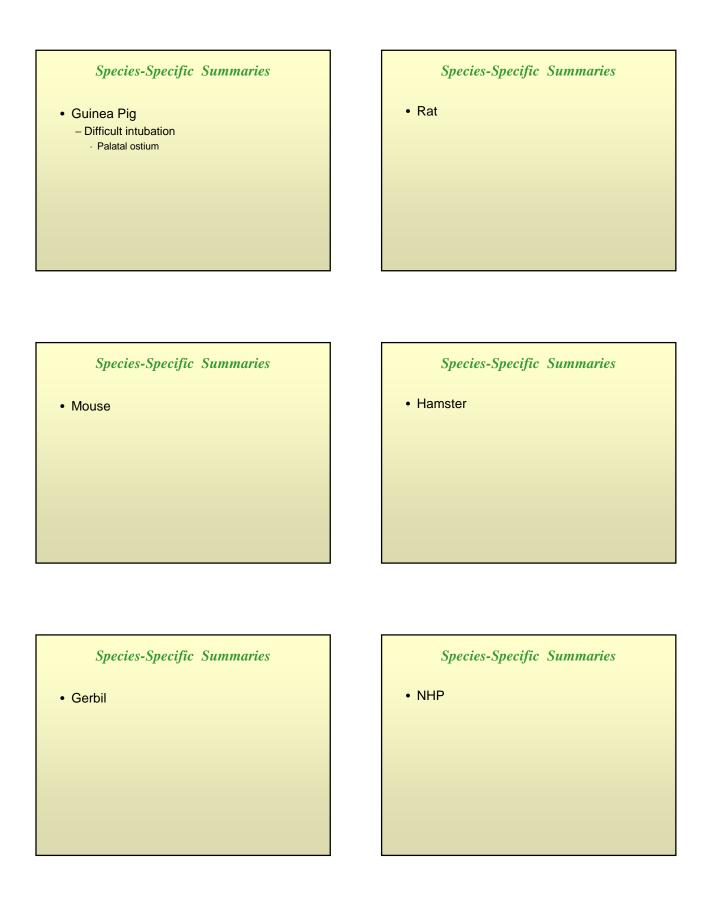
- A. Endotracheal tube
- B. Esophageal stethoscope
- C. Stomach tube
- D. Laryngeal mask airway
- E. Peterson-Foley catheter



What is this piece of equipment?

- A. Endotracheal tube
- B. Esophageal stethoscope
- C. Stomach tube
- D. Laryngeal mask airway
- E. Peterson-Foley catheter









Propofol

TRUE/ FALSE: Because of its formulation, aseptic technique is especially important in the handling of propofol.



Propofol

TRUE Because of its formulation, aseptic technique is especially important in the handling of propofol.

Which of the following can significantly suppress adrenal cortical activity?

- A. Ketamine
- B. Metomidate
- C. Urethane
- D. Chloral hydrate

Which of the following can significantly suppress adrenal cortical activity?

- A. Ketamine
- B. Metomidate (also etomidate)
- C. Urethane
- D. Chloral hydrate

Which of the following is NOT a characteristic of xylazine?

- A. Alpha2 agonist
- B. Sedative-analgesic, muscle relaxant
- C. Sedative/hypnotic
- D. Poor analgesic
- E. Potency << medetomidine

Which of the following is NOT a characteristic of xylazine?

- A. Alpha2 agonist
- B. Sedative-analgesic, muscle relaxant
- C. Sedative/hypnotic
- D. Poor analgesic
- E. Potency << medetomidine

Opioids

Morphine acts primarily at which receptor?

- Α. μ
- Β. δ
- C. ε
- D. ĸ
- Ε. σ

Opioids

Morphine acts primarily at which receptor?

- A. μ
- Β. δ
- C. ε
- D. ĸ
- Ε. σ

Which of the following is a partial opioid agonist?

- A. Buprenorphine
- B. Morphine
- C. Fentanyl
- D. Meperidine
- E. Remifentanil

Which of the following is a partial opioid agonist?

- A. Buprenorphine
- B. Morphine
- C. Fentanyl
- D. Meperidine
- E. Remifentanil

Butorphanol?

Which of the following is NOT a butyrophenone?

- A. Azaperone
- B. Droperidol
- C. Acepromazine
- D. Fluanisone

Which of the following is NOT a butyrophenone?

- A. Azaperone
- B. Droperidol
- C. Acepromazine (=phenothiazine)
- D. Fluanisone

Neuroleptics

TRUE/ FALSE: Neuroleptics do not provide analgesia.



Neuroleptics

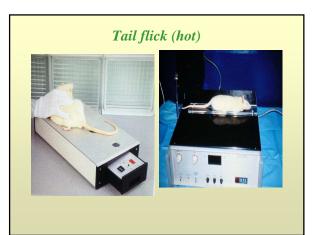
TRUE Neuroleptics do not provide analgesia.

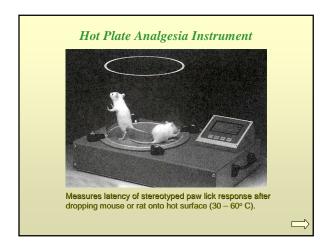
But...

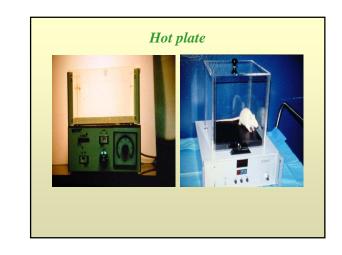
Tail Flick Analgesia Instrument

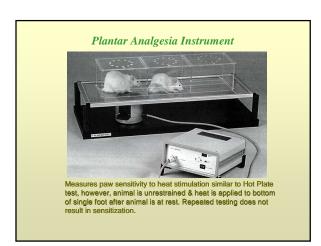


Test for analgesic affects; rodent's tail is placed over window on platform while being restrained. Intense beam of light is applied to the tail (60 – 170° C) and latency period is measured until tail is flicked out of the light beam.









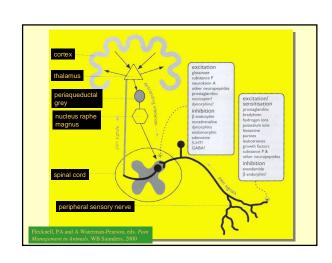
Search for the Perfect Anesthetic

- Elimination not dependent on metabolism
- Rapid induction, recovery, and change in depth
- Minimal cardiopulmonary depression
- Non-irritant
- Inexpensive, stable, nonflammable, non-explosive
- No special equipment
- Reversible



What's New?

- Equipment General
 - Matthews, NS, ed. Clinical Anesthesia. Vet Clin N Am/ Sm Anim Prac 29(3), May, 1999.
- Equipment laryngeal mask airway
 - JC Smith et al., 2004. Contemp Topics 43(4):22-.
- Anesthetic monitoring (e.g., BIS)
 - JE Heavner, 2001. Compar Med 51(6):500-.
 - SA Greene et al., 2002. Compar Med 52(5):424-.
 - SA Greene et al., 2004. Compar Med 54(4):397- .



Substances affecting transmission of pain signals -- Dorsal Horn

- Excitation
 - glutamtae
 - substance P
 - neurokinin A
 - other neuropeptides
 - prostagalndins
 - nociceptin (?)
 - dynorphins (?)
- Inhibition
 - B endorphin
 - noradrenaline
 - dynorphins
 - endomorphin
 - adenosine
 - 5HT (?)
 - GABA (?)

Substances affecting transmission of pain signals -- Nerve Ending

- Excitation/ Sensitisation
 - prostaglandins
 - bradykinin
 - hydrogen ions
 - potassium ions
 - histamine

 - purinesleukotrienes
 - growth factors
 - substance P

- Inhibition
 - anandamide
 - B endorphin (?)

Multimodal pain therapy

- · Buprenorphine?
 - Roughan and Flecknell, 2002. Buprenorphine: a reappraisal of its antinociceptive effects and therapeutic use in alleviating post-operative pain in animals. Laboratory Animals, 36, 322-343.





What are the Hazards?

- · Hazards posed by the animals
- · Hazards posed by the facility, equipment, etc.
- · Hazards posed by the experimental agents

